



Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Time	29/07/2019	30/07/2019	31/07/2019	01/08/2019	02/08/2019	03/08/2019	04/08/2019	05/08/2019
6:30am-7:00am		Wake up time	Wake up time	Wake up time	Wake up time	Wake up time	Wake up time	Wake up time
7:00am-7:30am								
7:30am-8:00am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:00am-8:30am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30am-9:00am					Hike			
9:00am-9:30am		Training Session 1	Training Session 1	Training Session 1	Hike	Training Session 1	Private Lessons	
9:30am-10:00am		Training Session 1	Training Session 1	Training Session 1	Hike	Training Session 1	Private Lessons	Check out
10:00am-10:30am		Training Session 1	Training Session 1	Training Session 1	Hike	Training Session 1	The IFC's Epee Cup	Check out
10:30am-11:00am		Training Session 1	Training Session 1	Training Session 1	Hike	Training Session 1	The IFC's Epee Cup	Check out
11:00am-11:30am					Hike		The IFC's Epee Cup	Check out
11:30am-12:00pm		Private Lessons	Private Lessons	Private Lessons	Hike	Private Lessons	The IFC's Epee Cup	Check out
12:00pm-12:30pm		Private Lessons	Private Lessons	Private Lessons	Hike	Private Lessons	The IFC's Epee Cup	
12:30pm-1:00pm		Lunch	Lunch	Lunch	Hike - Lunch	Lunch	Lunch	
1:00pm-1:30pm		Lunch	Lunch	Lunch	Hike - Lunch	Lunch	Lunch	
1:30pm-2:00pm					Hike			
2:00pm-2:30pm		Private Lessons	Private Lessons	Private Lessons	Hike	Private Lessons	The IFC's Epee Cup	
2:30pm-3:00pm		Private Lessons	Private Lessons	Private Lessons	Hike	Private Lessons	The IFC's Epee Cup	
3:00pm-3:30pm	Check in	Private Lessons	Private Lessons	Private Lessons	Hike	Private Lessons	The IFC's Epee Cup	
3:30pm-4:00pm	Check in	Training Session 2	Training Session 2	Training Session 2	Hike	Training Session 2	The IFC's Epee Cup	
4:00pm-4:30pm	Check in	Training Session 2	Training Session 2	Training Session 2	Hike	Training Session 2	The IFC's Epee Cup	
4:30pm-5:00pm	Check in	Training Session 2	Training Session 2	Training Session 2	Hike	Training Session 2	The IFC's Epee Cup	
5:00pm-5:30pm	Opening Ceremony	Training Session 2	Training Session 2	Training Session 2	Private Lessons	Training Session 2	The IFC's Epee Cup	
5:30pm-6:00pm	Opening Ceremony				Private Lessons		The IFC's Epee Cup	
6:00pm-6:30pm	Opening Ceremony	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	The IFC's Epee Cup	
6:30pm-7:00pm	Opening Ceremony	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	
7:00pm-7:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
7:30pm-8:00pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
8:00pm-8:30pm	Leisure activities	Evening of the stars	Movie Night	Evening of the stars	Evening of the stars	Movie Night	Closing Ceremony	
8:30pm-9:00pm	Leisure activities	Ana Maria Popescu	Movie Night	Ruben Limardo	Nikolai Novosjolov	Movie Night	Closing Ceremony	
9:30pm-10:00pm	Leisure activities	Leisure activities	Movie Night	Leisure activities	Leisure activities	Movie Night	Closing Ceremony	
10:00pm-10:30pm	Good night time	Good night time	Good night time	Good night time	Good night time	Good night time	Good night time	

Wake up time
Good night time
Training Session 1
Training Session 2
Private Lessons
Hike
Movie Night
Evening of the stars

**Note: Please check the detailed programme with your group leaders at the Grand Opening Ceremony on 29th at 5:00pm in Hotel Olymp:**

- GOLD Group
- SILVER Group 1 ( afternoon session starts at 3:30pm)
- SILVER Group 2 ( afternoon session starts at 5:00pm)
- BRONZE Group